



When Your Baby Is Born

Required Procedures

For more information, such as about the documents required and the service counter you should use, please either check the Nerima City website or call the Nerima City Office.

	Procedures	Inquiries
Birth notification	<p>If you give birth in Japan, please be sure to file a birth notification with the municipal office. This procedure may be necessary for your newborn child to obtain the nationality of your home country. If your child will stay in Japan for sixty days or more in Japan after birth, you also need to complete procedures for obtaining his/her visa at the Immigration Bureau. (Please see page 83 about visa status.)</p> <p>Birth notification filing period: Within fourteen days of your baby's date of birth</p> <p>Filing location: Municipal office administering your address</p> <p>Who can file: Father or mother of the baby</p> <p>Required documents: Birth notification form (and the birth certificate attached to the form), <i>Mother and Child Health Handbook</i> (if you have one)</p>	<p>Family Register Subsection</p> <p>No. 1, Family Resident Registration Section (Main Bldg. 2F) ☎ 5984-4530</p> <p>No. 2, Family Resident Registration Section (Shakujii Bldg. 2F) ☎ 3995-1105</p>
Enrollment in health insurance	Those enrolled in National Health Insurance	NHI Qualification Subsection, NHI & National Pension Section ☎ 5984-4554
	Those enrolled in other health insurance	Your place of employment or the health insurance union
Childbirth and childrearing lump-sum benefit	(See page 12)	
Child allowance	After filing your baby's birth notification, please confirm the required documents and file an application (see page 14). * Income restrictions apply.	Child Allowance Subsection, Child-Raising Support Section ☎ 5984-5824
Maru-Nyu medical certificates for infants and toddlers	An application form will be mailed to residents who file a birth notification. Please complete the procedures as directed in this document (see page 14).	
Baby visit contact slip (birth contact slip)	Please fill out the baby visit contact slip (birth contact slip) included in the <i>Mother and Child Health Handbook</i> and mail it. * About Hello Baby Visits, see page 20.	Addressed to: Mother and Child Health Subsection, Health Promotion Section ☎ 5984-4621

Distribution of Birth Anniversary Seedlings

Collaboration Subsection, Greenery Promotion Section ☎5984-2418

Seedlings are distributed twice a year to commemorate the birth of babies in Nerima City. If you would like to receive a seedling, please fill out the required items on the Birth Anniversary Seedling application postcard enclosed with the Beginner's Childrearing Support Tickets (page 29) sent to you from the Nerima Child and Family Support Center, and send it in the mail.

When You Find Out You Are Pregnant

Various Subsidy Programs

When Your Baby Is Born

Your Child's Health

Childrearing Support

Childcare

Playing/Learning as a Family

Let's Create a Circle of Childrearing Friends

Consultation for Childrearing and Education

Single-Parent Households

Telephone Directory

Other Consultation Services

Emergency Contacts